

ABOUT THIS WORKBOOK

This workbook was created due to my passion for the beautiful union of marriage and seeing daily through my work as a credit coach how credit and financial issues can erode marriage and bring it to an end.

The marriage problems that arise from credit and financial issues are usually, due to a lack of attention at the beginning or before the marriage union to sit down and have an honest and open conversation about each person's credit and financial situations. Open honest communication in a marriage is so important. If couples open up and then create a goal for their marriage, a plan to reach the goal, and take action together they will have built a solid foundation for their marriage.

My prayer for you as you complete this workbook with your spouse or soon-to-be spouse is that it brings you closer to one another through it.

Many Blessings,

Alicia Ault

Top Credit and Financial Goal (we call this your Future Perfect) If you could have anything you want for your marriage what financial or credit goal would that be? Be specific!
What does it look like (describe in detail how your life will look if you achieve this goal, infuse it with emotion)
Why do you want this? (with enough reasons the impossible becomes possible)
NOTES:

Write a brief description of goals you want to accomplish over the next 5 years, and the time frame of when you would want to complete those.

GOAL	BY YEAR

Now break it down. In detail, what do you need to accomplish in each time frame? Be specific! (Pick one goal for now)

1 YEAR GOAL	MONTH 1-12 (SUB GOALS)
EACH WEEK/MONTH	DAILY
Write a brief description of wha	it your big overarching goal is.

Now break down your year into 12 months. What do you want to accomplish by the end of each month?

GOAL	BY END OF

Now break down each week. What do you want to accomplish on each day of the week?

WEEKLY GOALS
Goal
Strategies
Goal
Strategies
Goal
Strategies
Goal
Strategies

Now break down each week. What do you want to accomplish on each day of the week?

WEEKLY GOALS
Goal
Strategies
Goal
Strategies
Goal
Strategies
Goal
Strategies

Now break down each day. What are some specific tasks for today?
What are some additional tasks that need to be accomplished? Or what is something you learned you need to add?
NOTES: